

NEWSLETTER

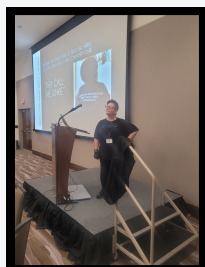


Self Care Quote

“The most beautiful people we have known are those who have known defeat, known suffering, known struggle, known loss, and have found their way out of the depths. These persons have an appreciation, a sensitivity, and an understanding of life that fills them with compassion, gentleness, and a deep, loving concern. Beautiful people do not just happen.” — Elizabeth Kubler-Ross

ILCHWA Champaign Summit 2023

CHWs: The voices of the
Community



ILCHWA Chicago Summit 2023

CHWs: The voices of the
Community





Breast Cancer Awareness Month

According to the CDC:

Other than skin cancer, breast cancer is the most common cancer among American women. Mammograms are the best way to find breast cancer early, when it is easier to treat and before it is big enough to feel or cause symptoms.

- 240,000 women get breast cancer each year and 42,000 women die from the disease.
- Men can also get breast cancer, but it is not very common. About 1 out of every 100 breast cancers diagnosed in the United States is found in a man.
- Most breast cancers are found in women who are 50 years old or older, but breast cancer also affects younger women.

For more information Click on link

<https://www.cdc.gov/cancer/dcpc/resources/features/breastcancerawareness/index.htm#print>

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Website:

ilchwa.org

Facebook:

<https://www.facebook.com/ILCHWANetwork1/>

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<https://tinyurl.com/ypxjeap8>

Monthly Meetings

WFD Meeting:

10/17/2023 4:00pm-5:00pm

<https://tinyurl.com/yckuvw8j>

Certification, Finance and Reimbursement Committee Meeting

10/27/2023 @11am

<https://tinyurl.com/tpw7nju2>