



**KEEP CALM  
AND LET THE  
COMMUNITY  
HEALTH WORKER  
HANDLE IT**

## Upcoming Event

### ILCHWA 2nd Annual Champaign Summit

Event Date: January 31, 2025  
Event Location: I Hotel @ Champaign  
Event Time 8:30am - 6:00PM



**Register**

<https://lp.constantcontactpages.com/ev/reg/7raa9an>

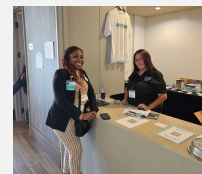
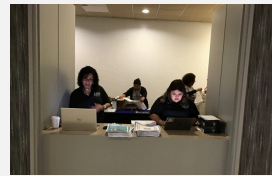
## Breast Cancer Awareness Month

[Click for more information](#)



## ILCHWA Chicago Summit Some Highlights

Thank you to all participants, speakers, sponsors, and exhibitors for making the 2nd Annual ILCHWA Chicago CHW Summit a success with your valuable contributions and insights!




**Not yet  
a member?**

Join ILCHWA for access  
to exclusive CHW perks and  
resources!


**BECOME A MEMBER**

Office of Community Engagement and Neighborhood Health Partnerships



**CHW Leadership Program**  
Do you currently have a basic community health worker (CHW) certificate?

Have you worked as a CHW?  
Are you looking to increase your skills?  
If yes, follow the link below for more information and to register.  
<https://uiowa.edu/CHW/register>



To be eligible for these trainings and additional services such as job development and internships, you must meet the program requirements as stated in the information link.

The following courses are offered:

- Leadership Self-Building Part 1 & 2
- Introduction & Core Competencies
- Communication & Case Writing
- Community & Health Policy
- Career Building Part 1 & 2
- Entrepreneurship Training

Why join CHW CONNECT Core PROGRAM?

Our program provides existing CHWs with access to:

- Enhancing leadership and advocacy skills
- Professional development
- Small groups for support and advice
- A dedicated mentor for additional support

UI Health | Office of Community Engagement and Neighborhood Health Partnerships | **emission** | CAA | CHW CONNECT

If you have questions about the program or the application, please email Arie Salinas at [asalinas@uiowa.edu](mailto:asalinas@uiowa.edu), website: [uiowa.edu/CHWCONNECT](https://uiowa.edu/CHWCONNECT) | email: [asalinas@uiowa.edu](mailto:asalinas@uiowa.edu) | phone: 319-435-2966

Office of Community Engagement and Neighborhood Health Partnerships



**CHW Training Program**  
Are you passionate about health, people and conditions that impact health?

Do you want to make a difference in your community?  
If yes, the UIOCC/CHW Community Health Worker (CHW) Training Program can be right for you!

The program includes paid college tuition for CHW Certification!  
Click here to register with link: <https://uiowa.edu/CHW/register>



CHW skills may be needed in a variety of job roles such as:

- Community Health Worker
- Case Manager
- Promotional or Retail
- Home Visits
- Educator
- Advocate
- Outreach Worker

Why join CHW CONNECT Core Program?

- The program teaches the important skills you need to work as a Community Health Worker.
- Successful completion of this program will give you the knowledge and skills to help others in your community. Additionally, it will also prepare you for different jobs in community health.

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# Recipe of the Month

## Homemade Applesauce



### Ingredients

- 7 apples
- 1/2 cup water
- 1/4 cup sugar

### Directions

Wash hands with soap and water. Wash and then cut apples in quarters. Apples can be peeled, but fiber will be decreased.

Combine apples and water in saucepan. Heat to boiling. Turn heat to low as soon as the water is boiling.

Simmer over low heat for 15 to 20 minutes or until apples are tender. Stir occasionally to prevent sticking.

Stir in sugar and heat until sugar is dissolved.

## Monthly Meetings

### Workforce Development Meeting

Event Date 11/19/2024  
Event Location:  
<https://tinyurl.com/yckuvw8j>  
Event Time 4:00pm - 5:00PM

### Certification, Finance and Reimbursement Meeting

Event Date TO BE ANNOUNCED

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**BECOME A MEMBER**

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