



December Newsletter

Events

ILCHWA 2nd Annual Champaign Summit

Date: Friday, January 31, 2025

Time: 8:30AM - 6:00PM

Location: I Hotel, 1900 S 1st St, Champaign, IL 61820

Included:

- Breakfast
- Lunch
- Reception

Workshops include:

- AI in Public Health
- Caregiving
- CHW Integration and Sustainability
- CHW Contributions Towards Addressing Inequities
- and more!

[See More Events](#)

Monthly Meeting

Workforce Development Meeting

Date: January 21, 2025

Time: 4:00pm - 5:00pm

Location: Zoom

Join us for an informative meeting to discuss workforce development initiatives and opportunities!

Event Location

Recipe of the Month



Ingredients:

- 1/4 cup onion (chopped)
- 2 tablespoons parsley
- 2 tablespoons white vinegar
- 3 teaspoons prepared mustard
- 1/4 teaspoon garlic powder
- 1/4 teaspoon basil, dried (or thyme)
- 1 pound boneless beef chuck shoulder steak, cut 1-inch thick

Directions:

- Wash hands with soap and water.
- Mix onion, parsley, vinegar, mustard, garlic powder, and basil or thyme.
- Place meat in plastic bag and pour in marinade.
- Close bag securely, place in a bowl and marinate in refrigerator six to eight hours or overnight, turning at least once.
- Pour off marinade and discard. Place meat on rack in broiler.
- Broil 15 to 20 minutes or until desired doneness, turning once.
- Cut into thin slices to serve.

MY PLATE

Trainings

Office of Community Engagement and Neighborhood Health Partnerships



CHW Training Program

Are you passionate about health issues and conditions that impact health?

Do you want to make a difference in your community?

If yes, the UIC OCEAN-HP Community Health Worker (CHW) Training Program can be right for you!



The program includes paid college tuition for CHW Certification!

Click here to register with link: go.uic.edu/CHWRegister

CHW skills may be applied to a variety of job roles such as:

- Community Health Worker
- Client Navigator
- Promotores de Salud
- Home-Visitor
- Educator
- Advocate
- Outreach Worker

Why UIC CONNECT CHW Program?

- Our program teaches the important skills you need to work as a Community Health Worker.
- Successful completion of this program will give you the knowledge and skills to help clients and patients effectively. It will also prepare you for different jobs in community health.



In partnership with
Office of Community Engagement and
Neighborhood Health Partnerships

Volunteer Services



If you have questions about the program or the application, please email Ava Salonis at as201@uic.edu.

website: go.uic.edu/CHWCONNECT

email: uicchwconnect@gmail.com

phone: 312-413-3996

This program is supported by funding received from the US Department of Health and Human Services Health Resources & Services Administration Bureau of Health Workforce-Community Health Worker Training Program. Grant#T29HP46743

CHW Connect Office of Community Engagement and Neighborhood Health Partnerships CHW Training Program

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Program Highlights:

- Includes paid college tuition for CHW Certification!

[**Click Here To Register**](#)



Diabetes Education Empowerment Program Workshop in Spanish

Overview:

DEEP™ is a diabetes self-management education (DSME) program designed to help participants manage their diabetes effectively and reduce the risk of complications. It was specifically developed for low-income racial and ethnic minority populations.

Eligibility:

The workshop is for participants who live in Cook County.

Refreshments:

Refreshments will be provided.

Certificate of Completion:

Participants must attend all sessions to receive a certificate of completion.

Location:

Nathan S. Davis Elementary School
3050 W 39th Pl, Chicago, IL 60632

Room: 226

Workshop Dates:

- February 10, 2025
- February 17, 2025
- February 24, 2025
- March 3, 2025
- March 10, 2025
-

Time:

9:00 AM - 11:00 AM (5-day workshop)

[Click Here To Register](#)



Become an ILCHWA Member!

Visit ILCHWA's website today and discover all the exciting opportunities that await. By becoming a member, you'll unlock a range of exclusive benefits and special incentives designed to enhance your experience and provide exceptional value.

[Click here to learn more and become a member today!](#)



Season's Greetings!

Wishing CHWs, Allies, and Employers a joyful and peaceful holiday season filled with love, laughter, and special moments.

Please note that our office will be closed from December 23, 2024, to January 3, 2025. We look forward to serving you in the new year and appreciate your understanding during this festive time.

Happy Holidays and Have A Wonderful New Year!

Best regards,
The ILCHWA Team

Follow us on Social Media!

