

June



Events

ILCHWA 3rd Annual Chicago Summit 2025

Early Registration Starts Now!

May 09 - June 30, 2025

Join CHWs from across the state for our 3rd Annual Summit—a day of learning, connection, and community impact. Hosted by ILCHWA, this year's event will feature expert-led sessions on key issues including domestic violence prevention, health equity, healthcare access and more.

*Use Code **EARLY***

Non-Members: \$70

Members: \$45

Date: October 17, 2025 8am-6pm

Location: Hilton Hotel in Oaklawn/Chicago
9333 S Cicero Ave, Oak Lawn, IL 60453

After June 30, 2025 Pricing:

Member Summit price \$75.00

Non-member Summit Price \$95.00

Monthly Meeting

Workforce Development Meeting

Date: June 17, 2025

Time: 4:00 PM - 5:00 PM

Location: Event Location

Join us for an informative meeting to discuss workforce development initiatives and opportunities!

Event Location

My Plate

Berries with Banana Cream



Ingredients

- 1/3 cup yogurt, low-fat plain
- 1/2 banana, ripe
- 1/2 ounce 100% fruit juice (orange works well)
- 2 cups sliced strawberries
- 1 teaspoon honey
- 1/8 teaspoon cinnamon

Directions

1. Wash hands with soap and water.
2. Combine yogurt, banana, and juice and mash with a fork until most chunks are gone.
3. Wash and slice strawberries.
4. Top the berries with the yogurt banana mixture.
5. Top with honey and cinnamon.

For more recipes:

<https://getfreshcooking.com/all-recipes>

Trainings



Diabetes Education Empowerment Program Workshop in English

Currently conducting the DEEP Workshop! There is only one last session left. We are not recruiting.

Overview:

DEEP™ is a diabetes self-management education (DSME) program designed to help participants manage their diabetes effectively and reduce the risk of complications. It was specifically developed for low-income racial and ethnic minority populations.

Eligibility:

The workshop is for participants who live in Cook County.

Refreshments:

Refreshments will be provided.

Certificate of Completion:



Become an ILCHWA Member!

Visit ILCHWA's website today and discover all the exciting opportunities that await. By becoming a member, you'll unlock a range of exclusive benefits and special incentives designed to enhance your experience and provide exceptional value.

[Visit our Website](#)

BLOG

Outreach Strategies for Community-Based Organizations: 7 Tactics That Actually Work

Want to really connect with your community? Tired of outreach efforts that fall flat? Many organizations struggle to make a lasting impact. It's a common problem. But what if there was a better way? What if you could build stronger connections and drive real change?

This guide gives you seven proven outreach tactics. We'll show you how to go beyond basic outreach and build meaningful relationships. We will

cover:

1. Building strong partnerships.
2. Leveraging social media effectively.
3. Hosting engaging community events.
4. Using local media outreach.
5. Implementing targeted email campaigns.
6. Creating valuable content.
7. Utilizing data-driven strategies.

Discover a wealth of knowledge and inspiration by diving into our monthly blogs on the ILCHWA website! Each post is thoughtfully crafted to provide valuable insights, resources, and professional development opportunities tailored specifically for Community Health Workers. By engaging with our content, you not only enhance your skills but also expand your network within our supportive community. We invite you to explore these enriching discussions and share your thoughts, as together we strive to promote health equity and make a meaningful impact in the healthcare sector. Join us on this journey of growth and collaboration—your voice matters!

[Visit our Website](#)

Nominate a CHW to be Featured in our Newsletter!

Nominate A Community Health Worker

Dear Community Member,

We're excited to shine a spotlight on the incredible work being done by Community Health Workers (CHWs) in our area. These dedicated individuals play a vital role in improving the health and wellbeing of our community, and we want to give them the recognition they deserve!

Do you know a Community Health Worker who is making a difference?

We invite you to nominate a CHW to be featured in our upcoming newsletter. Whether they've gone above and beyond for their community, demonstrated outstanding leadership, or made a significant impact on public health, we want to hear their story.

How to Nominate a CHW:

1. Submit a Nomination: Share the name and a brief description of why you believe this CHW should be featured. Highlight their accomplishments, dedication, and the impact they've had.

What Will the Featured CHW Receive?

- Recognition in our next newsletter and website.

- A dedicated section showcasing their work and achievements.
- The chance to inspire others to make a positive impact in the community.

Best regards,
The ILCHWA Team

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